

Series: Living Life as the New People of God—A Study in Ephesians  
**The Walk of the New People of God**

Ephesians 4:1-16 (NIV)

*As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. <sup>2</sup>Be completely humble and gentle; be patient, bearing with one another in love. <sup>3</sup>Make every effort to keep the unity of the Spirit through the bond of peace. <sup>4</sup>There is one body and one Spirit—just as you were called to one hope when you were called—<sup>5</sup>one Lord, one faith, one baptism; <sup>6</sup>one God and Father of all, who is over all and through all and in all.*

### 1. THE CALL

v. 1 *“As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.”*

1 Corinthians 1:9 (NKJV)

*God is faithful, by whom you were called into the fellowship of His Son, Jesus Christ our Lord.*

- We have been called to a higher standard of living.
- We have been called to live a life that is worthy of being called Christian.
- It's not easy to maintain our walk with Christ.

### 2. THE CHARACTERISTICS

v. 2 *“Be completely humble and gentle; be patient, bearing with one another in love.”*

Galatians 5:22-23 (NIV)

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup>gentleness and self-control. Against such things there is no law.*

#### **Our walk with Christ demands:**

- Humility

Philippians 2:5-8 (NIV)

*Your attitude should be the same as that of Christ Jesus: <sup>6</sup>Who, being in very nature God, did not consider equality with God something to be grasped, <sup>7</sup>but made himself nothing, taking the very nature of a servant, being made in human likeness. <sup>8</sup>And being found in appearance as a man, he*

*humbled himself and became obedient to death—even death on a cross!*

- Gentleness

Titus 3:1-2 (NKJV)

*Remind them to be subject to rulers and authorities, to obey, to be ready for every good work, <sup>2</sup>to speak evil of no one, to be peaceable, gentle, showing all humility to all men.*

- Patience

1 Corinthians 13:4 (NIV)

*Love is patient, love is kind. It does not envy, it does not boast, it is not proud.*

- Bearing with one another

Galatians 6:2 (NKJV)

*Bear one another's burdens, and so fulfill the law of Christ.*

### 3. THE CAUSE

v. 3-6 *“Make every effort to keep the unity of the Spirit through the bond of peace. <sup>4</sup>There is one body and one Spirit—just as you were called to one hope when you were called—<sup>5</sup>one Lord, one faith, one baptism; <sup>6</sup>one God and Father of all, who is over all and through all and in all.”*

- The believers' cause is unity.

Seven elements of unity:

- One body
- One Spirit
- One hope
- One Lord (Christ)
- One faith
- One baptism
- One God and Father

- Unity is not possible without God

**No one ever said our walk with Christ would be easy, but we have been called to this life of unity with other believers and God promises to make it a**